



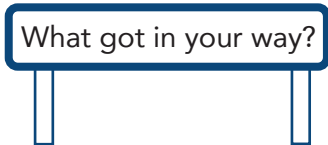
**2. Words that describe you and your values**

**1. Reflection:** What has made you feel fulfilled in the past?

**3. 2023 Accomplishments - Big and Small**



**4. How did you spend 2023?**



**5. Your ideal self/life**

Imagine waking up 5 to 10 years from now in your ideal life. What does your day look like?

**6. Personal SWOT**



What will you need to do more of?

What will you need to do less of?

What obstacles could prevent progress and how will you overcome them?

How will you know you've accomplished your goals?

**7. What do you want to accomplish in 2024?**

Which priority would have the biggest impact?

How does this priority support your values and your ideal self?

**8. 2024 Priorities and Key Results (Action Steps)**

